




Month of the Young Child

30 Things YOU Can Do At HOME to Celebrate!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Tell your child you <b>LOVE</b> him/her	1 Draw/ write a kind message for a friend or neighbor	2 Stay informed with health resources such as the CDC: <a href="https://www.cdc.gov/">https://www.cdc.gov/</a> .	3 Do some exercises together
4 Go on a treasure hunt. Hide something special and give clues to find it.	5 Make a doctor's appointment for yourself to assure your own wellbeing	6 Read a favorite story to a child no matter how many times you've read it!	7 Draw and talk story together	8 Practice hand washing as a family	9 Watch the clouds and talk about the shapes you see.	10 Visit the NAEYC Family website: <a href="http://www.families.naeyc.org">www.families.naeyc.org</a> National Week of the Young Child Begins!
11 Take "Silly" Selfies with your child(ren)	12 <u>Music</u> <u>Monday: Sing and Dance</u>	13 <u>Tasty Tuesday:</u> Prepare your favorite dinner together	14 <u>Working Together</u> <u>Wednesday:</u> Build something together	15 <u>Artsy Thursday:</u> "magic painting" with a cup, paint brush & water	16 <u>Family Friday:</u> Have a picnic (in or outdoors!)	17 Plan an indoor obstacle course: Tape down some yarn or string for a makeshift balance beam
18 Hold a child's hand just for FUN	19 Play games with your child	20 Take time to appreciate the wonders of nature	21 Share a story with your child(ren) of when you were young!	22 <b>EARTH DAY</b> Plant seeds to grow a garden	23 Recycle to assure a better environment for your child & yourself	24 Let your child choose the activities for the entire afternoon
25 Make a blanket fort	26 Really listen to your child when they "talk story" with you	27 Share your favorite childhood game with your child	28 Toss and catch balls / soft toys with your child	29 Have a family dance party. 	30 Make Cloud dough: Mix ½ cup baby lotion or hair conditioner with	1 cup cornstarch and knead until smooth

The Hawaii Association for the Education of Young Children (HiAEYC) understands the importance of children's earliest years in shaping their learning and development. Yet, never before have the needs of young children and their families been more pressing. Month of the Young Child™ is a time to recognize that children's opportunities are our responsibilities, and to recommit ourselves to ensuring that each and every child experiences the type of early environment—at home, at child care, at school, and in the community—that will promote their early learning. For more information on events contact: [haeyc@hawaiiayc.org](mailto:haeyc@hawaiiayc.org)! Facebook: hiaeyc